

MANAS

Speaks

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IN ASSOCIATION WITH ADIKAVI NANNAYA UNIVERSITY

“Children must be taught how to think, not what to think.”

#SchoolPsychology

SCHOOL PSYCHOLOGY FOCUS

Screen Addiction

Parenting Styles

School Adjustment

Peer Relations

Bullying and
Victimization

The Academy of Psychology



THE ONLY JOURNEY IS THE JOURNEY WITHIN

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MANAS *Speaks*

A MONTHLY MAGAZINE

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Manas Speaks is a monthly magazine from Manas-The academy of psychology, to publish a wide range of conceptual articles relating to different perspectives on methodologies in psychological research and to support student communities to strengthen their knowledge.

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CONTENTS

EDITORIAL ON SCHOOL PSYCHOLOGY	03
SPOT THE 'T' IN 'P'	04
PARENTING STYLES	06
EMOTIONAL AND MENTAL WELLBEING OF THE STUDENTS	09
SEX EDUCATION	12
IS LEARNING POSSIBLE WHEN YOUR BRAIN IS IN LOVE?	15
SCREEN ADDICTION	17
BOOK REVIEW OF "LOLITA"	19

Author Guidelines

We accept submissions through email. You may send us manuscripts for the following submission categories: Any submission related to psychology, short stories, book review, movie review, psychology concepts, case studies, cartoons, memes or a specific genre. Content should be related to psychology, your manuscript must be in one of the following file forms word, pdf and jpeg. please send content related pictures if you are interested. All manuscripts should be in 12 point type, with at least one-inch margins, and sequentially numbered pages. The author's name, address, telephone number, and email address should be typed at the top of the first page. Contributors are asked to include a brief biographical note with their submissions. Submissions may be sent to us at any time, year-round. Manas speaks is a non-profit magazine with the ambition of encouraging good literary work. We desire is to connect readers and writers, and we strongly encourage anyone interested in submitting work to read the magazine before submitting. You may read the magazine for free. If you enjoy reading it and wish to submit it, we hope that the reading is strengthening your mental muscles. we are strongly committed to publishing debut and emerging writers.

Disclaimer: Information provided in this magazine is purely for research and education purpose only.



"I think the future of psychotherapy and psychology is in the school system. We need to teach every child how to rarely seriously disturb himself or herself and how to overcome disturbance when it occurs." *- Albert Ellis*

School Psychology, a general practice of Health Service Psychology, is concerned with children, youth, families, and the schooling process.

School psychology supports the intellectual development of gifted students, promotes constructive social behaviors among adolescents, encourages a safe, effective way of education and helps develop an active learning environment.

What Do School Psychologists Do?

The most basic function of a school psychologist is problem-solving in schools. Problems may involve individuals (children, parents, or educators) or they may involve larger systems (e.g., school-wide prevention programs, school community problems).

Assess children's intellectual, social, and emotional functioning. Design and implement interventions for promoting children's academic, cognitive, social, and emotional development. He/she can consult and collaborate with parents, teachers, and others. School psychologist design and implement comprehensive prevention and intervention programs for children, school personnel, and parents. They conduct research and evaluation in psychology and education. Lightner Witmer has been acknowledged as the founder of school psychology.

"Every Child you pass in the hall has a story that needs to be heard. May be you are the one meant to hear it." @Manas