

MANAS

Speaks

Volume 01
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‘Mental Health in an Unequal World’

#WorldMentalHealthDay

MENTAL HEALTH

Childhood sacrificed pandemic

Growing up too fast: early menarche and mental illness

Adolescent mental health

Ghost of Surfing Social Media



The Academy of Psychology



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MANAS *Speaks*

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Manas Speaks is a monthly magazine from Manas-The academy of psychology, to publish a wide range of conceptual articles relating to different perspectives on methodologies in psychological research and to support student communities to strengthen their knowledge.

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Author Guidelines

We accept submissions through email. You may send us manuscripts for the following submission categories: Any submission related to psychology, short stories, book review, movie review, psychology concepts, case studies, cartoons, memes or a specific genre. Content should be related to psychology, your manuscript must be in one of the following file forms word, pdf and jpeg. please send content related pictures if you are interested. All manuscripts should be in 12 point type, with at least one-inch margins, and sequentially numbered pages. The author's name, address, telephone number, and email address should be typed at the top of the first page. Contributors are asked to include a brief biographical note with their submissions. Submissions may be sent to us at any time, year-round. Manas speaks is a non-profit magazine with the ambition of encouraging good literary work. We desire is to connect readers and writers, and we strongly encourage anyone interested in submitting work to read the magazine before submitting. You may read the magazine for free. If you enjoy reading it and wish to submit it, we hope that the reading is strengthening your mental muscles. we are strongly committed to publishing debut and emerging writers.

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PROF JOSEPH BANKS RHINE

(29 SEPT 1895 – 20 FEB 1980)

PIONEER IN PARAPSYCHOLOGY

JB Rhine established coined the term "parapsychology" (a German term) as the name of his research field. It is sometimes said that Rhine almost single-handedly developed a methodology

and concepts for parapsychology as a form of experimental psychology.

He was considered the "father of modern parapsychology,"

Rhine earned his bachelor's degree, master's degree, and, in 1925, his PhD in botany from the University of Chicago. He taught for a year at Boyce Thompson Institute for Plant Research, in Yonkers, New York and also taught plant physiology at West Virginia University.

But in the 1920s, Rhine and his wife became fascinated with the writings and lectures and wondered if metaphysics and religious doubts about the nature of man and the existence of the soul could be resolved by conducting psychical research.

- ◆ In 1926-27, worked with Franklin Prince at the Boston Society for Psychical Research.
- ◆ Later In 1928 Rhine was offered an instructorship in philosophy and psychology with the understanding that he would be able to also perform psychical research.
- ◆ In 1930, Rhine founded the parapsychology laboratory at Duke University.
- ◆ At Duke, Rhine began the studies that helped develop parapsychology into a branch of science.
- ◆ In 1934, he published his well-known book Extra Sensory Perception.
- ◆ 1935- with financial support parapsychology laboratory was set apart from the Department of Psychology.
- ◆ 1937, Rhine launched the Journal of Parapsychology, giving parapsychological researchers a forum to publish their findings.
- ◆ In 1962, Rhine helped found the Foundation for Research on the Nature of Man (later known as the "Rhine Research Center"), where he continued his research into the paranormal.
- ◆ He is primarily known for his research into extrasensory perception (ESP), as well as the coining of the term "ESP" itself.

“Let us merely say... 'perception by means that are outside of the recognized senses,' and indicate this meaning by 'Extra-Sensory Perception' or E.S.P.”

- J. B. Rhine